

Banana Orange Dessert

Preparation time: 10 min. · Level of difficulty: very easy ·

Quantity

Ingredients for 2 people.

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4 piece Natural oranges
4 piece Medium-sized bananas
2 tbsp Sugar or honey
4 tbsp Orange liqueur "Àngel d'Or"

Preparation

Cut the peeled bananas into slices about 4 mm thick and place in a glass bowl.

Peel and halve the oranges, sweeten with honey or sugar, add orange liqueur if desired and puree in a blender jug.

Pour the thick cream over the bananas and cover and refrigerate.

As our oranges are deliciously sweet, you may not need to add sugar. If you like, add curd cheese (20%) to the fruit puree or a few chocolate sprinkles for the chocolate fans.