

Bitter orange chicken

Preparation time: 30 min. Level of difficulty: medium

Quantity

Ingredients for 4 people.

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- 4 piece Chicken thighs
- 1 piece Onion
- 2 piece Garlic cloves
- 4 piece Bitter oranges
- 4 piece Alternative: edible oranges
- 1 tsp Coriander
- 1 pinch Pepper
- 1 pinch Milled orange peel

Preparation

- 1. Marinate the chicken thighs with orange juice, onions and garlic in a bowl for about 4 hours. Turn the chicken thighs occasionally.
- 2. Put the onions and garlic in an ovenproof dish, place the chicken legs on top and pour the marinade over them.
- 3. Sprinkle with coriander and coarse pepper. Bake in a preheated oven at approx. 180 degrees (top and bottom heat) for about 1 hour. Baste with the marinade from time to time. At the very end, sprinkle a pinch of "Pols" bitter orange peel over the finished dish.

Many thanks for the great recipe to Stadtwaldkind.de