

Ham and orange salad

Preparation time: 10 min. · Level of difficulty: very easy

Quantity

Ingredients for 2 people.

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100 g Rocket salad
2 piece Natural oranges
3 Slices of ham (Porc negre or Serrano)
12 piece Cherry/egg tomatoes
For the vinaigrette:
Juice of 1/2 orange
8 tbsp Olive oil
1 tbsp Brandy or brown rum
3 tbsp Orange balsamic vinegar
1 pinch Black pepper from the mill
1 pinch Coarse sea salt flakes Es Trenc

Preparation

Clean the lettuce, if possible do not water it and arrange on the plate.

If necessary, halve the tomatoes and place them on the salad.

Fillet the oranges and add to the salad.

Roll up the ham slices and cut into fine strips. Arrange the rolls on the salad.

Put all the ingredients for the vinaigrette in a cup and mix vigorously with a fork.

Spread the vinaigrette over the salad, season with salt and pepper.

Enjoy and think of summer !

